

Kettle River Echo

Trails to the Boundary Society
3990 Hwy 3, Rock Creek, B.C., V0H 1Y0

Distributed to: Bridesville, Rock Creek,
Midway, Greenwood, Westbridge, and Beaverdell

News Items & Ads: echoeditor@trails-to-the-boundary.com

Contributions for the next newsletter are asked to be submitted no later than the 15th of the month.

KETTLE RIVER LIONS' EASTER DINNER

The Kettle River Lions' Annual Community Dinner, held on March 30, was well attended by about 135 people. Jerry Watson provided a wonderful turkey and ham dinner with all the trimmings.

Turkeys were donated by Angie Morris, and the local Women's Institute ladies provided desserts. The grad students helped with set up, serving, and clean up.

The dinner is attended by many local people who kindly donate to the cost.

The Kettle River Lions are now in their 40th year of serving the communities of Bridesville, Rock Creek, Westbridge, Midway, and Greenwood.

The club has raised money for Christmas hampers, high school bursaries, cash for house fire victims, and many other causes when need arises. Last year they donated \$10,000 towards the Rock Creek Medical Centre renovations.

The Kettle River Lions presently have 23 members.



You cannot get through a single day without having an impact on the world around you.
~JANE GOODALL



Yahoo!

'SENIORS BEING SEEN' Program Continuing



Trails to the Boundary is pleased to announce that a New Horizons for Seniors grant has been awarded for the third year in a row. This federal grant is given for events and programs for seniors, by seniors. This program is coordinated by Michele Garrison, and provides a variety of experiences, speakers, and opportunities free of charge every Thursday afternoon from 1:30pm-3:30pm at Riverside Centre in Rock Creek. A catered healthy snack is provided as well.

Trails to the Boundary Society works diligently to keep our seniors connected, involved, visible and safe. We encourage residents to join us weekly. For questions information please call the Riverside Centre at 250-446-2975 or check westboundary.com

JOIN US FOR FLOWER DAY

Presentations talking about all things flowers from local wildflowers to learning about the invasive plants of the area. Bring a friend, bring your mom and enjoy a light lunch. Bring any of your extra seeds for a seed exchange!

Sat 11th May
11:00 am 1:00pm
at the
Riverside Centre
3990 Highway 3
Rock Creek, B.C.



Summer Job Opportunity

Visitor Information Counsellor at the Rock Creek Visitor Centre

Trails to the Boundary is recruiting a Visitor Information Counsellor for the Riverside Centre in Rock Creek. This Canada Summer Job is a seasonal, full-time position (5 days per week) for the summer months.

As the Visitor Information Counsellor, this job serves as an important link between community members, visitors, and tourism industry providers. The main activities of a Visitor Information Counsellor include identifying visitors' needs, offering information and providing directions to services offered at the centre and across the Boundary. The role entails a variety of training and skills development opportunities. Per Canada Summer Jobs requirements, applicants must be 15-30 years of age. Exceptional communication, organizational, and social media skills are a must.

For full posting details, see:

<https://kootenay.jobs/job/trails-to-the-boundary-society>

Apply Now!

Email resume and cover letter to
admin@trailstotheboundary.com
Deadline: May 10, 2024



Rock Creek FARMER'S MARKET

Come out and see what local Food Producers, Artisans and Crafters have to offer.

Enjoy a coffee, breakfast or lunch inside and spend time with friends & neighbours!
Rags, Relics & Rutabagas Grounds - 1585 Victoria Street, Rock Creek

Support Local!
Starting May 4th!

SATURDAYS 9 AM TO 1 PM

HYDROLOGICAL MODELLING TO INFORM FOREST MANAGEMENT: MOVING BEYOND EQUIVALENT CLEARCUT AREA (ECA)

USING LIDAR TO STUDY PEAK SNOW WATER STORAGE AND MELT RATES IN RECOVERING FOREST STANDS

Details: kettleriver.ca/category/info/educ_event/upcoming

JOIN US!
THURSDAY, MAY 2
3:00-4:30PM
SELKIRK COLLEGE MEETING ROOM
GRAND FORKS CAMPUS (SNACK PROVIDED)

Have a Question? E-mail: watershedplanner@rdkb.com

Register (FREE) Online: <https://hydro-forests-snow.eventbrite.ca>

Regional District of Kootenay Boundary

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The Yellow Door Boutique

Call Heather: 250 443 5461
the_yellowdoor@shaw.ca

309 South Copper Ave
Greenwood, BC V0H 1J0

follow us facebook.com/TheYellowDoorBoutique

Rock Creek Community Awareness Meeting on Provincial Bills

-- at RCFF Pavilion on May 8, 2024, 7 PM to 9 PM --

There are several provincial bills that were passed in 2022 and 2023 which come into effect this June 30, 2024 that can have severely detrimental impact on your lives.

Bill 36 from the 3rd session of the 42nd Parliament (2022) is the **Health Professions and Occupations Act**. This Act effectively muzzles and allows for the financial ruining and even incarceration of any health professional for speaking out against the government narrative. See the Canadian Society for Science and Ethics in Medicine for further details.

Bill 31 from the 4th session of the 42nd Parliament (2023) is the **Emergency and Disaster Management Act**. It gives the provincial minister the power to define any event as an emergency that

- has occurred,
- is ongoing
- or appears imminent;

Once such a "threat" is deemed to exist, the minister can

- seize your property and possessions;
- destroy crops, vegetation and landscaping;
- prohibit travel to and from the property;
- restrict or prohibit events and activities, including business operation that you were licensed, permitted or otherwise authorized to conduct.

Three other bills, **Bills 44, 46 and 47** from the 4th session of the 42nd Parliament (2023) eliminate public participation in community planning, which takes away authority from property owners and municipalities.

Each of us owes it to ourselves, our families, and our neighbours to seek and uphold truth, and demand justice. Free speech is under assault provincially and federally. Truth lives only when speech is free and protected; where misunderstandings can be discussed.

Individuals within government ministries and agencies claim they have sole authority on the TRUTH and those who challenge their narrative should be dealt with severely.

This must stop and you can help by attending. Please bring a friend or two and join us. We need ALL OF US!

~Arthur Harfman

BCSS SHINES AGAIN!



Last weekend seven BCSS students competed at the Kiwanis Musical Festival – Musical Theatre competition in Penticton.

Congratulations to Lyla Deacon who placed first and has progressed to compete at the 2024 BC Provincial Festival. Mackenzie Eaton was selected to compete as the alternate competitor in Musical Theatre.

In March, Sylvie Harpur placed first in Classical Voice and progressed to compete at the 2024 BC Provincial Festival. Additionally, Mackenzie Eaton and Nik Tsigonias placed second and progress to Provincials as alternate competitors.

BCSS is proud of all participants! Elizabeth Tsigonias, Kira Christison and Elise Atkinson-Price (who has been selected as a merited participant in Classical Voice).

The 2024 BC Provincial Festival will be held in Fort St John, June 2nd to 6th. We are now in the process of determining how to finance and facilitate their attendance at Provincials.

**A FUNDRAISING CONCERT WILL BE HELD
FRIDAY, MAY 3RD
@ BCSS @ 3PM & 7PM.
ADMISSION BY DONATION.**

I'm working on another play right now that has me doing a ton of research into the early days of the West Boundary—1894-1897. Thus I'm doing a lot of reading of old newspapers in the area, The Midway Advance and Boundary Creek Times in particular. The search for riches in terms of gold and silver was in its heyday and the population swelled. Therefore this little column in the Boundary Creek Times really amused me. I think it might do the same for you.

John Hibberson, Midway

WIVES FOR WESTERN MINERS.

Chicago Saturday Blade: "The new mining camps on Trail and Boundary creeks in British Columbia are soon to receive a delegation of young women from Canada, and each one will, it is expected, become a married woman almost as soon as she becomes a resident of the camp. The miners have begun cleaning up around their cabins, and several have gone so far as to send to this city for white shirts. During the past two years the camps have grown at a remarkable rate. The miners are nearly all big handsome fellows, making good money, and they long for all the comforts of home.

A short time ago the unmarried men held a meeting and after a long debate decided that the proper thing to do was to send away for wives. About this time J. G. Devlin started for Toronto to sell some mining property, and he was made the emissary of the love-lorn miners. Mr. Devlin was provided with credentials showing he was fully empowered to act for the miners in the matter of wife selecting, and he further carried documents signed by the officials of each camp stating the men wanting wives were all they claimed to be. Now comes the news that Mr. Devlin has succeeded in finding a number of young women who are willing to share the miners' lives—and fortunes—and that they will start at once.

All their expenses will be paid by the general committee of the bachelors and each woman will be allowed to select the man she wants for a husband. In case two or more of the women decide on the same man, they will be required to draw lots for him. The weddings will be performed on the same day in a large hall now being erected for the purpose."

If the foregoing is true the services of the entire provincial police force will be required on Boundary creek,—not to mention stipendiary magistrates.

**WATERWISE
IN THE BOUNDARY**
Rain Barrel Sale

For RDKB property owners in Electoral Areas C, D & E,
Grand Forks, Greenwood & Midway


Cost: \$75 per rain barrel

Pick Up Locations:
Christina Lake Stewardship Society
RDKB's Office (Grand Forks)

Pick Up Dates: May 9 - 11, 2024

**APPLY FOR YOUR
RAIN BARREL ONLINE
TODAY!**

rdkb.com/environment/watershed-planning



Only 100 available for purchase.
Sale closes when last one is sold



Extra details are on the application form. Questions? Email: watershedplanner@rdkb.com

FREEMAN'S
COUNTRY SUPPLY

Hwy 3 Rock Creek 250-446-2899

NEW PLANTS!

**OUR ZONE HARDY PERENNIALS AND
FRUIT TREES ARE HERE FROM
BRON & SONS NURSERY CO.
IN GRAND FORKS.**

COME SOON FOR THE BEST SELECTION!





The Dewdney Trail

By: Vic Boychuk

Gold was discovered in the Similkameen River and Rock Creek in 1859.

James Douglas, the governor of British Columbia wanted to protect the interest of the newly established British Colony. He decided that a trail should be built to the Interior. In 1860 the Royal Engineers surveyed a route from Fort Hope to Vermilion Forks (now Princeton). Edgar Dewdney and Walter Moberly oversaw the construction of the trail since they won the contract for \$496.00 per mile to build it. This 75-mile section was completed in 1861.

The trail was to be 4 ft wide, clear of trees and boulders, and any wet sections made passable. The dangerous areas had to have enough space for animals and people to get through. Bridges over creeks and rivers were to be 12 ft wide. Dewdney followed what was called "The Similkameen Spirit Trail" which was used by the First Nations for hunting and fishing.

First Nations people were hired to pack supplies over the mountains between Hope and Princeton, covering about 7 miles a day. At Allison's Ranch, near Princeton, the First Nations refused to travel any further. They were paid off, and Dewdney bought a dozen horses from the ranch. In May of 1865 they reached So-o-yoyos (Osoyoos), then over Anarchist Mountain and down to the Kettle River Valley at Rock Creek. By this time the rush was almost over at Rock Creek except for a few miners. Placer mining did continue in Rock Creek until the 1930's with over \$200,000 worth of gold recovered. It is believed that the Mother Load has never been found.

When gold was discovered in Wild Horse Creek, in the East Kootenays, the new governor of British Columbia, Frederick Seymour, believed that the trail should be extended to Wild Horse Creek in order to keep the gold from going south of the border via a shorter route. In 1865, Dewdney was awarded the contract to build the longer second section of 300 miles in seven months, for \$50,000. The second part of the trail was to pass through three mountain ranges.

Dewdney released all their exhausted horses in the Kettle River valley near Rock Creek, and with the aid of some Sinixt people forged eastwards to Christina Lake. There the group split into two in order to determine the best way across. Dewdney sent former Royal Engineer George Turner and most of the crew up over what is now the Santa Rosa Pass through the Rossland Range to get to Fort Shepherd, which was built by the Hudson Bay Company in 1858. Dewdney headed north of Christina Lake with five men, walking over the Rossland Mountains to the Lower Arrow Lake. where they acquired a canoe and paddled down to rejoin the main party at Fort Shepherd. While the crew rested, Dewdney and a couple of volunteers paddled back up the Columbia and up the Lower Kootenay River looking for a better route. Dewdney then decided that the Lake was too big and returned to Fort Shepherd.

Dewdney followed valleys carved out by streams. He came near the spot where Rossland was eventually established. Then he followed a creek (Trail Creek), which emptied into the Columbia River, where the city of Trail is today. From there some crew members were sent back to Rock Creek to rough out the trail. With the rest of the crew Dewdney crossed the Purcell Trench, over the Purcell Mountains alongside Duck Creek. There they followed Goat River and reached Walla Walla Trail at Yahk (Walla Walla Trail was the main route to the US). From there it was an easy walk to Galbraith's Ferry, near Fishersville, not far from present day Fort Steele.

Dewdney hired William Fernie and 65 men to start construction of the trail, heading back to the west. (The East Kootenay town of Fernie is named for Mr. Fernie.) He received \$25,000 in cash and gold dust to pay the crew. By September of 1865 pack trains were travelling the trail to Wild Horse.

By 1866, the best of the gold was largely gone from the Wild Horse strike, and miners dismantled Fishersville to try to mine underneath it. In its heyday, the town had over 5,000 people, government offices, saloons, stores, and a brewery.

Edgar Dewdney, who had been contracted to build the trail, was over budget, having eaten up \$74,000 instead \$50,000 as was promised. The colonial government tried to cut costs for the completion of proper bridges or maintenance of the trail. As a result, future travel was difficult and dangerous. Several people died in floods and washouts along the newly constructed trail. One mail carrier reportedly froze to death in a blizzard.

Today, one of the better-preserved sections of the trail is a 22-mile segment extending from Christina Lake to Rossland. To see another part of the old Dewdney Trail, head south of Moyie and stop at a roadside pullout just after crossing Irishman Creek. Here you will find one of the best remaining sections of the trail, complete with a hand-built rock wall.



I'm happy to share that I was able to attend the Conference of Forest Industries last week in Vancouver. It was an opportunity to network with government and industry from all over BC and to attend presentations and have conversations on everything from how mass timber is being incorporated into housing regulations, access to fibre, indigenous involvement, and wildfire risk management.



Regional District of Kootenay Boundary

The Province of BC has provided a report and I suggest you use your internet search engine to find "The Premier's Expert Task Force on Emergencies" to get the summary of recommendations. Also, the province has provided funding for BC wildfire service training for individuals in rural communities.

There is good news:

- 1) The public recognizes there's a problem
 - British Columbians are focused on wildfires and think they are going to get worse
- 2) There's a solution
 - The majority of people believes proper forest management can mitigate the risk
- 3) Industry & Government
 - There's a broad, cross-partisan support for government action to manage forests to prevent and mitigate wildfires

In conclusion, the responsibility to manage wildfire risk lies with industry, government, and landowners. Working forest practices such as fuel mitigation and reforestation are key, and landowners being responsible by participating in the local & provincial governments cooperative FireSmart program or choosing to build in an area not in the urban interface can help reduce losses and protect our forests. You can access more information on FireSmart or sign up for a home assessment through the RDKB's website:

<https://emergency.rdkb.com/Be-Prepared/FireSmart>

Remember, forests are a living entity that with respect and planning can provide an economic benefit to the community as well as shelter our watersheds and provide the ecosystem for wildlife and natural habitat that we all enjoy.

DIRECTOR'S CORNER

CORNER

Sharen Gibbs,
Director, RDKB/E
West Boundary
250.689.0177
areaedirector@rdkb.com

RDKB BOARD HIGHLIGHTS

Premier's Expert Task Force on Emergencies

- As a member of the Expert Task Force, Regional Fire Chief Dan Derby provided an overview of its deliverables and recommendations, which can be viewed on the Province of BC's website: <https://www2.gov.bc.ca/gov/content/safety/emergency-management/emergency-management/emergency-activation/em-taskforce>

Water Conservation (Boundary)

- A Rain Barrel and Rain Harvesting Workshop Pilot Project was approved, with \$4,000 allocated from the RDKB Climate Action Reserve Fund.

GRANTS-IN-AID DISTRIBUTED FOR AREA E/WEST BOUNDARY

(March 28, 2024 Board Meeting)

- BC Senior Games Society – Zone 6 – BC 55+ Games participation expenses: \$500
- Christina Lake Stewardship Society – WildSafeBC Community Coordinator for the Boundary: \$2,666
- Greenwood Recreation Association – Youth, Teen, Adult sports Drop In: \$2,225
- Trails to the Boundary Society – defibrillator package for the Riverside Centre: \$1,627.49

This is a portion of the RDKB Board Highlights. To subscribe directly to the full RDKB Board Highlights: <https://jointheconversation.rdkb.com/board-highlights>

NEON COUNSELLING

Q: What is Mental Health?

A: Mental health includes our emotional, psychological, and social well-being. It affects how we think, feel, and act. It also helps determine how we handle stress, relate to others, and make choices. Mental health is important at every stage of life, from childhood and adolescence through adulthood.



Mental health is more than the absence of a mental health condition or illness: it is a positive sense of well being, or the capacity to enjoy life and deal with the challenges we face. Mental health can change daily based on a number of concerns such as workplace stress, financial stress, school, parenting, grief, trauma and physical health.

Just because you have the above, does not mean you have a mental illness. Mental health does not mean mental illness. It means health of your mental state. Having a mental illness is something that needs to be diagnosed and medically treated. Mental health is something that affects your daily well-being, doesn't get diagnosed or treated with medication.



Wanda
MACP, RCC, RPC
Registered Clinical Counsellor

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HOME GROWN AND HANDMADE

LOCATED AT
SWEET ADELINE'S
ICE CREAM & PIZZA PARLOUR

Join us on these
Sundays 10am - 2pm

- May 5th
- June 2nd
- July 7th
- August 4th
- September 8th
- October 6th



Christmas Market
December 8th
10am - 2pm
at the Community Hall

For more information please contact:
Jen - lovemiraclesandpeace@gmail.com 778-214-6912
Christine - vill1968@live.com 306-421-1662

Red Earth Medicine's Spring Womens' Wellness Events

On 6 dates between April 8th and April 29, 2024 the following health practitioners will be providing Acupuncture, Massage, Energy work, and/or Reiki.

Sheri Preschel is a registered Acupuncturist, from Osoyoos, trained in traditional Chinese Medicine (TCM), acupuncture, cupping, fire cupping and TCM diet therapy. Sheri offers a gentle style of needling, and individually tailored treatment plans.

Judy Letendre, from Westbridge, is a counselling therapist offering energy work, a light touch or no touch form of healing. Integrating craniosacral, meridian, healing touch, sound and plant medicines.

Lisa Collins is a registered Massage Therapist from Osoyoos, who incorporates Swedish Relaxation massage, myofascial release, trigger point release, lymphatic drainage, neuromuscular and graston techniques. She is high intuitive and very effective.

Rossana Garcia is a Reiki Master, an ancient system of healing which uses Universal Energy to reconnect the client with their life force. She is from Rock Creek.

*These events are sponsored by a grant to Red Earth Medicine through United Way BC. Priority to Indigenous women and open to others if space is available.



-No cost for the events

-Donations to the local Food Share gratefully accepted

-Register by email to tracy.redearth@gmail.com

Jingle Dress Dance

The captivating and rhythmic Jingle Dance, performed by indigenous women and girls at most Pow Wows, is a healing ritual. The colourful regalia, adorned with metal cones, carries the spiritual power of healing and is accompanied by drumming and song. The "ziibaaska'iganan" metal cones attached to the dresses, make a distinctive and elegant sound as the women dance. The dress and the dance is steeped in rich history and cultural significance. The dress is considered a Prayer dress, possibly originating with a colourful history of ceremonial adornment pre-18th century.



Early in the 20th century (1918), Maggie Wilson, a Cree-Scotts visionary, received dreams providing directives for a JingleDress Dance with special songs, re-enacting the dreams. Around the same time, a nearby Ojibwa visionary dreamed of a Jingle Dress Dance with songs, dance and protocols as a healing prayer. Additionally, another nearby medicine man from Whitefish Bay Reserve, Manitoba, whose granddaughter was sick, received a vision of a Jingle Dress with songs, a dance and protocols. During a drum ceremony they had, the granddaughter wore a dress lined in silver cones, danced with the protocols and songs from the vision and as the night wore on, her health improved. The daughter, no relation to Maggie Wilson, was Maggie White and her family has preserved a number of original songs. Whitefish Bay Reserve calls itself the "Home of the Jingle Dress." In the last couple decades, the Jingle Dance has gained resurgence.

Red Earth Medicine is hosting a jingle dance workshop at McArthur Centre in Greenwood. The public is invited to participate Sunday afternoon, April 21.

2024 BCSS GRAD CAR WASH

at the Greenwood Car Wash (Corner of Wellington Street and Hwy. 3)

Saturday, May 18

11 am - 3 pm



Fine Yarns & Art Supplies * Books * Natural Health * Locally Made Goods * Gifts

276 South Copper in Greenwood (236) 867-6760

JUST CHAT by Liz Bryan: Death by Naked Ladies

A week or so ago, a very sore, enlarged knuckle on the forefinger of my left hand was initially diagnosed as gout. A real surprise. While waiting for confirmation by Xray, I was prescribed gout pills by the name of colchicine. Well, the name something stirred in my brain, (a minor miracle these days) something to do with gardening.

Yes, Colchicum is a flower that springs up in the fall from a bulb. It's a sleek bright purple with a white throat. I used to see many of them when I lived at the coast. I put Google to work. These lovely, silken blooms are the source of this tried-and-true gout medicine. I read further. The leaves come up in spring, then die down and disappear. But in fall, the flowers show up on sturdy stems, with no leaves attached. Because of this, they are known as Naked Ladies. How charming I thought. But I continued reading. All parts of this lovely garden flower are poisonous! (I noticed a warning on the prescription label not to exceed the given dose.) The most toxin is found in the seeds— only a few grams are needed to kill an adult. No wonder my pills were having uncomfortable side effects!

This episode made me think of other garden plants that are potential killers. And there are lots of them. Take the delphinium, whose beautiful deep blue flowers partner beautifully with the white of shasta daisies. Every part of this plant is actively poisonous, and causes damage to the nervous system, effectively shutting down muscles and brain. The wild version, usually known as larkspur is equally poisonous, the bane of cattle ranchers in this area. A garden look-alike, also tall and blue, is blessed with large flowers along its stem that are capped with tiny helmets. This gives rise to its common name of monkshood., also wolfsbane and dragon bane.

Digestion of large amounts of any part of this lovely plant causes abdominal pain, respiratory problems, paralysis and, in some cases, death. It was used in Medieval days to execute enemies, but also as a deterrent against werewolves.


Beware of the roots of lilies-of-the-valley, often planted in the shade for their sweet perfume. Check hanging baskets for the sprightly orange blooms of lantana, a popular choice and be externally careful of the elegant castor oil plant. All three of these are poisonous. And there are many more: the seeds of Chinese lanterns, all parts of the foxglove, (the source of digitalis), the leaves of rhubarb, oleanders, mistletoe (is that where the phrase the kiss of death comes from?) Even daffodils (especially the bulbs) and rhododendrons can be deadly.

But for the deadliest plant of all, one closely related to tomatoes, eggplant and even potatoes, check the weedy edges of your garden or nearby fields for a pretty, crawling vine. This is Belladonna or Bitter or Deadly Nightshade, with bell-shaped bluish flowers and black-purple berries, as luscious looking

as huckleberries. (There is another poisonous nightshade, Solanum, with sour red berries and dart-like purple flowers, but this is not so deadly.) Belladonna can kill. Its full name is Atropa Belladonna, and it contains, among other powerful ingredients, atropine, the poison said to have killed two Roman emperors and even Shakespeare's McBeth. This very useful drug, used today to regulate the heartbeat, is traditionally believed to have been given to Juliet to simulate death, in another of Shakespeare's great tales.

Atropine is a powerful and very useful drug. I am betting that everyone who reads this will have received minuscule doses of it, especially during eye exams, where it is used to dilate the pupils of the eye, a very handy cosmetic used by Medieval ladies to make their eyes dark and more beautiful. This explains its common name, Belladonna, or Beautiful Lady.

So, if you are planning to write a murder mystery, you can choose your poison: Death by Naked Ladies, or by Beautiful Ladies: Take your pick.



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credit union

West Boundary Branch 250.445.9900
heritagecu.ca
greenwood@heritagecu.ca

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SUDOKU

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EMERGENCY PREPAREDNESS FAIR REFLECTIONS

On Sunday, April 7, 2024 Trails to the Boundary hosted the 5th annual Emergency Preparedness Fair at the Rock Creek Fairgrounds. This event provides an opportunity for the public to engage one-on-one with service providers.

We thank and recognize the following for giving their time on a weekend and for driving from as far away as Castlegar and Summerland:

- BC Wildfire Branch
- Boundary Food Security, Boundary Community Ventures
- Boundary Invasive Species
- Emergency Management, RDKB
- Food Recovery, Boundary Community Ventures
- Food Share
- FortisBC
- Grand Forks Search & Rescue
- Greenwood Fire Department
- Midway Fire Department
- Ministry of Agriculture
- Phoenix Fire
- RDKB Energy Team
- Seniors Being Seen, Trails to the Boundary
- Trails to the Boundary, what we do
- Watershed Coordinator, RDKB

Three excellent presentations were given by Mark Stephens (Manager of Emergency Programs for RDKB), Tammy Battersby (Boundary Food Security Network, Food Recovery), and Fons Raedschelders (Senior Wildfire Prevention Officer for BC Wildfire).

Mark Stephens spoke about legislative changes to emergency management in BC, the importance of signing up for Voyent Alert, Fire Smart and reminded the audience of the importance of preparing “to go” bags and emergency kits.

Tammy Battersby spoke about managing food security during emergencies. She outlined the many environmental and social benefits of the Food Recovery program, which serves the entire Boundary.

Fons Raedschelders explained necessity and planning procedures for controlled burns by BC Wildfire. He talked about fire behaviour and how it affects the strategy for fighting them.

Thank you to the many volunteers who made the event possible.

We are very fortunate to have so many organizations with dedicated people working to keep us safe. We received great feedback and suggestions for next year on Comment Forms. Here is a Facebook post that we asked permission to include:

“We attended the Emergency Preparedness Fair on Saturday. We are really glad we went. The presentations were very interesting and informative. Great speakers! It was a great learning experience, discovering so much about the success of the food sustainability program in our area. Thank you, Tammy! We also learned a lot about how to decrease the chances of losing our home if fire ever came to Midway; also learned a lot about our aquifer and how it supplies water to so many communities; what to have in our emergency kits if we had to evacuate; and how to equip ourselves with a solid 1st Aid kit if we find ourselves on the road or evacuated from our community. The presenters were so knowledgeable! We were given an Emergency preparedness Kit Checklist, an Emergency Kit supply list and a Grab and Go Bag list. Don't miss it next time, well worth going.”

Alzheimer's Association
Renting boardroom at the clinic
Thursday, May 16 1:00 – 3:30 PM

Rock Creek Medical Society
100 Rock Creek Cut-Off Rd.

Support the
BCSS GRAD CLASS of 2024
at McMynn's Family Food parking lot
(Midway)

- Yard Sale
- Plant Sale
- Bake Sale
- Lemonade
- BBQ

Spring
SALE



9 am -
2 pm

Saturday, May 11 - both events

SPAGHETTI DINNER
\$20 / person

Doors open @ 5 pm
Dinner served @ 5:30 pm
Tickets for sale from grads
or phone/text 250-449-8304

AFTER-DINNER LIVE MUSIC @ 6:30 PM
by grads & community members
(admission by donation for this part only)



West Boundary
Family Connections

Rock Creek Medical Centre
Every Friday 9:30 – 11:00

Starting January 5th



freepik.com

A free play group for families with at least one child aged 0-6.

A healthy snack will be provided.
Registration is not required for this program

For any further information please email:
mary-ann.dennis@bfiss.org



This program is presented by Boundary Family Services and funded by the Public Health Agency of Canada

Boundary Family Services
info@bfiss.org
www.boundaryfamily.org



1200 Central Ave
Grand Forks, BC V0H 1H0
250-442-2267 or 1-877-442-5355



**Celebration of Life for
ELENA STEINKE**
on April 28
at the Westbridge Hall
at 2:00 pm.

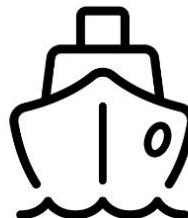


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9	3	4	5	1	7	8	2	6
7	2	6	8	3	9	4	5	1
2	4	9	6	7	1	5	8	3
3	5	1	9	8	2	7	6	4
8	6	7	3	5	4	9	1	2
4	7	2	1	9	8	6	3	5
6	9	3	7	2	5	1	4	8
5	1	8	4	6	3	2	7	9

Crossword

Across

- 1. Heap of fiction
- 6. Beat to a froth
- 10. Bitty biter
- 14. Martini's partner in vermouth
- 15. Fabled runner-up
- 16. Actor's gig.
- 17. Turning into a chicken
- 20. Got to one's feet
- 21. Without exception
- 22. Priestly garb
- 25. Have dinner
- 26. British bombshell Diana
- 27. "Hop to it!"
- 30. Shea squad
- 33. Nabokov nymphet
- 34. Rick's "Casablanca" love
- 36. Legal gambling parlor, briefly
- 38. Mocked
- 39. Fertile Crescent land
- 41. Apple discard
- 42. The Beatles' "And I Love ___"
- 43. Uneven hairdo
- 44. Messy meal must
- 46. Birdbrain
- 48. Duffer's delight
- 50. Glamour rival
- 52. "Mr. Chicago" journalist Kupcinet
- 53. Table tennis divider
- 54. Cunning
- 57. Theater awards
- 59. "The Mary Tyler Moore Show" theme song, and a hint to what 17-, 27- and 48-Across have in common
- 64. Fish market feature
- 65. Mayberry kid
- 66. Con game
- 67. Deep desires
- 68. Ill-gotten gains
- 69. Dish accompanier of rhyme

1	2	3	4	5	6	7	8	9	10	11	12	13	
14					15				16				
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59						60					61	62	63
64						65				66			
67						68				69			

Down

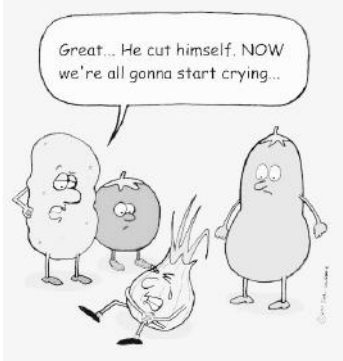
- 1. Hi-tech bookmark
- 2. Kanga's baby
- 3. Mag. edition
- 4. "Buyer beware" warning
- 5. Gives a clue to
- 6. Actress Goldberg
- 7. Round of applause
- 8. Hot temper
- 9. Sauce made with basil
- 10. Musical with the song "Alone at a Drive-in Movie"
- 11. Benchmark
- 12. Thomas ___ Edison
- 13. Student driver, typically
- 18. Hungarian stew
- 19. Marilyn Monroe's real first name
- 22. God of the Koran
- 23. Blotto
- 24. Ravel work immortalized in "10"
- 26. Supermarket section
- 28. Josh
- 29. Sign of late summer
- 31. Adopted
- 32. Make a game effort
- 35. Spanish wine concoction
- 37. Poet Stephen Vincent ___
- 40. Lock maker
- 41. Class for EMTs
- 43. Knighted conductor Georg
- 45. Quickly and quietly, for instance
- 47. Puts off
- 49. Canned corn morsel
- 51. Disinfectant brand
- 54. Overwhelm with sweetness
- 55. Took a train
- 56. Bell-ringing company
- 57. Varied mixture
- 58. Split pea, e.g.
- 60. Mil. mail depot
- 61. Game based on crazy eights
- 62. Sgt. or cpl.
- 63. Mafia boss

Solution on page 2



What is a flower's favorite kind of pickle?

A daffo-dill.



I can't believe I got fired from the calendar factory. All I did was take a day off.



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MARK YOUR CALENDAR

MONDAYS

- **Cribbage** @ Parkview Manor (6:30 pm)

TUESDAYS

- **Mix Musical Jam** @ Midway Seniors' Center (2 pm - 3 pm)
- **Blue Grass Jam** @ Midway Seniors' Center (3 pm - 4 pm)
- **West Boundary Lil' Explorers** @ Rock Creek Medical Centre (2 pm - 3 pm)

WEDNESDAYS

- **Potluck** @ Midway Seniors' Center (last Wednesday of the month) 5 pm - 7 pm

THURSDAYS

- **Kettle River Horse Club** meetings @ 7 pm @ the Riverside Centre in RC (second Thursday of each month)
- **Kettle River Art Club** in Greenwood meets on the 1st Thursday of each month for a potluck at 12 pm, and meeting at 1 pm. Guests welcome! The Art Club is located in the McArthur Centre, side entrance, at 1375 Veterans Lane. www.KRAC.ca (250) 449-5026
- **Fibre Arts** @ Midway Seniors' Centre 9:30 am - 11:30 am

FRIDAYS

- **Let the Games Begin** @ Midway Seniors' Center (2 pm - 4 pm)
- **West Boundary Family Connections** @ Rock Creek Medical Centre (9:30 am - 11:00 am)

SATURDAYS

- **Rock Creek Farmer's Market** @ Rags, Relics & Rutabagas 9 am - 1 pm (starting May 4)

THURSDAY, MAY 2 (3 PM - 4:30 PM) @ SELKIRK COLLEGE MEETING ROOM (GRAND FORKS)

- Hydrological Modelling presentation

FRIDAY, MAY 3 (3 PM & 7 PM) @ BCSS

- Musical Theatre fundraising shows. Admission by donation.

SUNDAY, MAY 5 (10 AM - 2 PM) @ SWEET ADELINE'S

- Beaverdell's first Farmers Market of the season

WEDNESDAY, MAY 8 (7 PM TO 9 PM) @ RCFF PAVILION

- Rock Creek Community Awareness Meeting on Provincial Bills

SATURDAY, MAY 11 (9 AM - 2 PM) @ MCMYNN'S FAMILY FOODS

- Grad Yard/Plant /Bake Sale, Fire Ring Raffle, BBQ & Lemonade

SATURDAY, MAY 11 (11 AM - 1 PM) @ RIVERSIDE CENTRE

- Flower Day (Bring a friend/your mom, some seeds, enjoy lunch)

SATURDAY, MAY 11 (5 PM) @ BCSS

- Grad Spaghetti Dinner fundraiser / Live Music @ 6:30 pm

THURSDAY, MAY 16 (1 PM - 3:30 PM) @ RC MEDICAL CENTRE

- Alzheimers Association

SATURDAY, MAY 18 (11 AM - 3 PM) @ GREENWOOD CAR WASH

- Grad Car Wash fundraiser

VOYENT ALERT



In an emergency situation, the Regional District of Kootenay Boundary uses the Voyent Alert notification system to let residents in the regional district know what is going on near them.

Make sure you register for future emergency notifications, (or update your contact details) at: <https://voyent-alert.com>

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WESTBOUNDARY CONNECT

A hub for all things West Boundary

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Important Announcements
Relevant Information

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