

Kettle River Echo

Trails to The Boundary Society - Echo

3990 Hwy.3 Rock Creek, BC. V0H 1Y0

Tel: 604 999 4378

echoeditor@trailstotheboundary.com

The small community of Riverside, about a mile east of Rock Creek, came into existence in the fall of 1897. Malcolm McCuaig, a co-owner of the Boundary Hotel in Midway, had built a new hotel at this location. His new Riverside Hotel was on the the main travel route from Penticton and the Okanagan to the mining camps in the Boundary and West Kootenay. Riverside proved an ideal stopping point for stage drivers and horse teams travelling from Fairview to Greenwood via Camp McKinney.

McCuaig died in 1900 and the hotel was purchased by his friend and partner Sam Larsen. Larsen built a sizeable barn and enlarged the livery stable to accommodate thirty six horses. He also built a community hall next to the hotel for dances, weddings, fairs and other gatherings and entertainment . The success of the hotel and hall encouraged further business activity in Riverside.

Tom Hansen built a general store with a warehouse that handled items such as hardware, stoves, shoes, clothing and groceries. When Hansen later moved to Rock Creek, this store became the Rock Creek Trading Company and was managed by Owen Wheeler.

Harry Green was one of the first residents of Riverside and he built a blacksmith shop beside his home on the west end of town. Blacksmithing proved a lucrative trade in those early days when everyone had a team of horses, and the stage coach was the means of travel prior to the railroad and the automobile. William O'Donnell bought out Green early on and operated the blacksmith shop/garage for many years after.

Arthur Keen had a Corral, slaughter house and butcher shop on the eastern side of town. When his whole operation burned down, brothers James and Robert Kerr, salvaged the weigh scales and a few other items and rebuilt. For years, Kerr Bros meat was found throughout the Boundary.

In 1910, the Saint Mary's Anglican Church was built in Riverside, but was later moved by Howard Pannell to the nearby English community of Kettle Valley.

In a relatively short period of time, the community of Riverside became a centre of bustling activity. However, the close proximity to rival Rock Creek and a vast reduction in mining activity in the Boundary, proved its downfall. Businesses closed, buildings were torn down and families moved elsewhere. Today, like so many other towns that have come and gone, one would never know Riverside existed.

On behalf of the Board of Directors of Kettle River Food Share Society, we'd like to take this opportunity to thank all the businesses, organizations and numerous private donors that have assisted us in keeping Food Share running this past year. A special "Thank you" to Leona Pringle for her continuing support and the use of the building we have used on a weekly basis for the past few years.

Duncan Scott, President

Vivien Scott, Secretary

Sam Hall, Treasurer

Rick Steingard, Director and Volunteer Coordinator

Carmela Theroux , Director

AG Foods, Osoyoos

Beaverdell Community Club- Friends Helping Friends Program

Better At Home

Boundary Community Food Bank, Grand Forks

Boundary Women's Coalition

Bransford Garden Society

Buy - Low Foods, Osoyoos

Central Okanagan Food Bank, Kelowna

Copper Eagle Cappuccino and Bakery Ltd. , Greenwood

Dar's Hair Design, Rock Creek

Discover Rock Creek Society

Deadwood Junction , Greenwood

For Your Pets, Westbridge

Freemans Country Supply, Rock Creek

Greenwood Food Bank

Grizzly Mining Company

Heritage Credit Union, Greenwood Branch

Kettle River Lions Club, Rock Creek

Kettle River RV Park and Lisowik/Gilsenan Memorial Golf Tournament

Kettle River Adventurers Kids Club, Rock Creek

King of Kings Church/ The Bridge, Midway

Kodiak Meats, Rock Creek

Landcor Data Corporation, Vancouver

Magnum Meats, Rock Creek

Main River Women's Institute

Midway Volunteer Fire Department

Midway Mobile Home and RV Park

Oliver Food Bank

Osoyoos Baptist Church/Osoyoos Food Bank

Osoyoos Credit Union

Phoenix Foundation

Prospectors Pub, Rock Creek

Regional District of Kootenay Boundary

Riverside Centre, Rock Creek

Rock Creek General Store and Petro Canada

Rock Creek Trading Post

Seventh Day Adventist Church, Westbridge

Spring Hill Eggs, Westbridge

United Way

Vancouver Foundation

West Boundary Community Forest Inc.

West Boundary Sustainable Foods and Resources (FAR) Society

Westbridge Recreation Society



Rock Creek & Boundary Fair Association AGM

Originally the RCBFA intended to proceed, as required and planned, with their AGM in November 2020, following all proper COVID-19 health and safety protocols. A further postponement to January 2021 was required due to the washroom upgrades. After receiving information from the BC Registrar of Companies that would allow Societies to postpone their AGM, with limitations, in order to accommodate societies falling outside of their own bylaws due to failure to hold its AGM as a result of more stringent Provincial Health Office Orders, it was agreed at our December ZOOM meeting, to plan our AGM for the spring, when hopefully we are able to meet safely and in compliance with PHO orders that are in effect at the time. If you would like to become a member please send an email to rcfair.gm@gmail.com and we will provide you with a link to monthly ZOOM meetings that take place on the 3rd Wednesday of every month at 7:00 pm. Also for current members if you would like to pay your 2021 membership dues of \$5.00, we can accept e-transfers to rcfair.gm@gmail.com or you can mail a cheque to PO Box 83, Rock Creek, BC V0H 1Y0. We hope to see you virtually and in person soon!

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Located in the Boundary

Rock Creek Area Watch & Clock Service

Batteries, straps and bracelet service.

Every 3rd Saturday of the month, 10am to 12:30pm, in Rock Creek at the Riverside Centre.

Facebook:
[@watchandclockservice](https://www.facebook.com/watchandclockservice)

Dates:
Feb 20, 2021
Mar 20, 2021
Apr 17, 2021
May 15, 2021

Mindfulness Meditation Workshops and Lessons

Is the stress of the world catching up to you? Are you tired of a thousand thoughts running through your brain at any given moment?

I studied under a family physician on the coast for over two years. I will be offering one-to-one and group lessons on how to get focused and calm.

Groups of up to 5 can be arranged at the Riverside Centre or private lessons can be done at your home or online.

For more information
call/text Martin at 604 354
7881

The residents of Parkview Manor in Midway would like to thank the following organizations, businesses, and individuals who contributed to making their Christmas 2020 an unforgettable one: Royal Canadian Legion Greenwood Branch 155, Grand Forks Extra Foods, Boundary Central Secondary School, West Boundary Elementary School, Rumpelstiltskein Fibre Arts Guild, Pennie Woykin, Kettle Valley Seventh-day Adventist Company, and the West Boundary Senior Housing Society "Fun Team". Thank you for brightening our lives with decorations, food, cards, poinsettias, stockings, gifts of food, candy, cookies, and an outdoor concert. You brought us much joy in an otherwise challenging year! Thanks very much!

Judy Foucher, Secretary
West Boundary Senior Housing Society

West Boundary Sustainable Foods and Resources Society

Did you know that solid research has shown us that having our hands in the soil and growing plants, is more effective for depression than an anti-depressant?

January is one of the exciting months for gardeners! We curl up with one or more of the new seed catalogues in order to dream, plan, reminisce on last year's successes and failures, and order new seeds

2020 was a great year for our society (F.A.R. Society for short), Thanks to the RDKB/Int.Health, we received a \$5,000 grant that allowed us to implement an Empowerment Growing Project for low income residents of the West Boundary. We purchased transplants and promoted Josh and Sasha at Rocks & Roots Farm in Rock Creek and distributed them through Food share and the Food Bank in Greenwood. Other community members heard about the project and donated veggie transplants, seeds, raspberry canes, strawberry transplants, seed potatoes etc. Wow! It was fun to see the excitement as people planned how they would grow their 2020 food garden! We passed on donated containers and provided fertilizer, manure etc. to people and mentored the new gardeners as we were able, within the Covid guidelines. One of the proud growers in Greenwood was successful enough, that they were able to donate a big bag of green beans back to the Food Bank!

Huge thanks to Vaagen Fibre Canada for the donation of a full lift of 12ft. lumber that was used to build 18 raised veggie boxes for people with mobility issues! Kudos to our hero, Dave Dennis, who donated many hours in building all the boxes!!

There is so much interest now in growing a garden that we will be continuing to promote and



After decades of service to the community, Bonnie Edstrom, our Medical Office Assistant at the Rock Creek Medical Centre has decided to retire. Her services and dedication over the past 25 years working at the Medical Centre have been appreciated. During her career, which began about 40 years ago, she had contact with the Medical Centre even before the current facilities were officially opened in December 1977. She assisted Dr. Gable as was needed, while health services were delivered in the Rock Creek PUB prior to the opening of the current facility. Over the years, she assisted a number of doctors such as Dr. Leavitt, the first female doctor to work at the Rock Creek Clinic, Dr. Keith White, Dr. Mary Wall for 15 years (both at the Rock Creek clinic as well as her Midway office), Dr. Lowe for 3 years, Dr. Ageryo for 4 years, Dr. Hamilton, Dr. Craig Springate, Dr. Mike Furgirski for a very short time via Tele-health and now 6 years with our Nurse Practitioner, Celia Evanson. She assumed the position of Medical Office Assistant from Rita Hall who was instrumental in getting the Medical Clinic started.

During these many years, she has seen and was involved with and adapted to the various changes seen at the Medical Clinic both in staffing, hours of operation, and upgrading of the facility. Before Celia Evanson came, physician services at the

Medical Clinic were available for basically two half days per week. With the coming of Celia Evanson, Interior Health approved funding initially for the delivery of health care services in Rock Creek to three full days and later expanded that to 4 days a week. Not only did Bonnie willingly and happily adjust to these added hours, but she also adjusted to working for an increased number of staff going from one

physician to now two Nurse Practitioners, one Social Worker, one nurse and a specialized medical doctor. In addition, she assisted in implementing COVID-19 guidelines when COVID was declared a pandemic in March 2020. In reviewing all of this, Bonnie was a major player in the development of a Medical Clinic and its services that we have today.

On behalf of the Rock Creek Community Medical Society, we wish her all the best in the years of retirement that lie before.

BOUNDARY DISTRICT 4-H

Boundary Multi 4-H Club

CANADA
4-H British ColumbiaBOUNDARY "C"
4-H CLUBCANADA
4-H British Columbia

Borderline lamb club

CANADA
4-H British Columbia

The 2021 4-H year is now upon us and there are some notable moments to share as we head into the new season. Most significantly, for the Boundary district, is the retirement of Norma Howes from her position as key leader, overseeing Boundary "C" 4-H Club, Borderline Lamb Club, and Boundary Multi 4-H Club. Norma has 4-H in her blood and started out as a member in Manitoba where she belonged to three different clubs. She has been a beef leader, regional council president and spent the last 14 years as key leader of our district. She also represented our district on the regional council executive for just as long. Norma has also hung up her spurs as one of the friendly faces at Freeman's Country Supply store where she spent many years. She now has more time to walk, birdwatch, photograph, sew and take in 4-H events from a distance—just because she wants to. She has big shoes to fill and will be sorely missed. Jennifer Eaton has taken on the role of key leader for the district.



Norma Howes

At the end of 2020 leaders in our district were recognized for their commitment to the 4-H program. Kathrine Delisle has spent 30 years as a leader of the Borderline Lamb Club. Jennifer MacDonald, Greg MacDonald, Erika Fossen and Doug Fossen have logged 10 years as club leaders of the Boundary "C" 4-H club, while John and Julie Lindquist received recognition for one year of leadership in that club. Vendela Villaneuva received one-year recognition for her role as an assistant leader in the Boundary Multi 4-H club in Grand Forks. 4-H could not happen without the commitment of dedicated volunteers such as these.

As you can imagine, COVID-19 affected 4-H as well as so many other things. Members were unable to gather with their animals for the usual weigh-ins, clinics, meetings and fun events. Some members took part in virtual opportunities and represented their club in events not normally attended. Below are some of the opportunities seized by Boundary "C" members:

- Sylvie H.—Agribition Virtual Youth Judging Competition in Regina
- Reine F.—1st place for seniors in Field To Fork Challenge
- Jade F.—2nd place for seniors in Field To Fork Challenge (watch the YouTube video here: <https://youtu.be/7Qgk62grNog>)
- Kayden E.—The following placings in the Chilliwack Fair: 1st in yearling ewe, 3rd market class, 2nd ewe class, 2nd female mature class
- Lexie L.—The following placings in the Chilliwack Fair: 3rd junior beef showmanship, 2nd junior beef fitting

As we move into a new season, fingers are crossed that the social aspects of 4-H can resume and the members are able to meet and learn together, especially as the 4-H motto is "Learn to do by doing"!

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Mon 8:00 AM - 5:00 PM

Tue 8:00 AM - 5:00 PM

Wed 8:00 AM - 5:00 PM

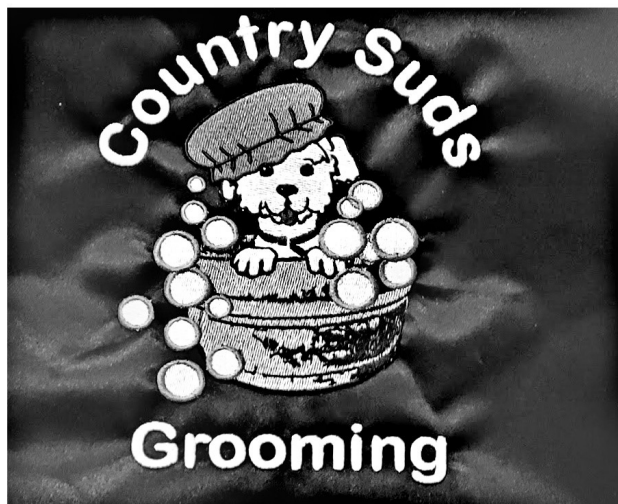
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Fri 8:00 AM - 5:00 PM

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Building and bathrooms closed to public except for **computer use**.

Return items through the drop box only.
Items will be quarantined for 24 hours before being loaned out again



Branch hours:

Wednesday & Friday
8:30 am to 5:00 pm

Contact

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250.495.6522

Visit us at the Riverside Centre

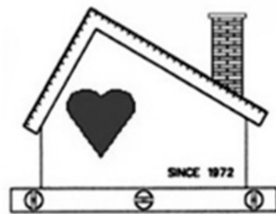
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TRAILS TO THE BOUNDARY

Sometimes the greatest asset within a community is the undervalued landscape visible to all. The KVR Rail Trail is a natural trail travelling up and down the valleys next to creeks and rivers, offering an alternative pathway to travel separated from the highway, where it's possible to hear the sounds of nature and see animal tracks in the wintertime.

This past year with the pandemic impacting all, we've seen an increase of people using the rail trail as we satisfy human need for connections to nature and seek opportunities for health and fitness.

Trails to the Boundary Society, since 2015 has the partnership agreement with the Provincial government for the rail trail between McCulloch (near Rock Creek Summit) to Eholt. We rely on reports from users to help notify us if blowdown and debris are on the trail. We also welcome volunteers who would like to work alongside us to help keep an eye on certain sections or come out to do trail work on a monthly basis. If you are interested in volunteering or we can assist you with planning your visit to the rail trail, please contact our Trail Coordinator, Ciel Sander at 250-444-7547 or email trailstotheboundary@gmail.com

Why test your speed?



* Completing*This will help determine the need for higher speed internet in our area, as well providing eligibility for federal grants.

- The Southeastern BC Regional Connectivity Committee has been advocating for high-speed internet for residents and businesses within the Columbia Basin.
- By taking the online speed test, you are providing specific data about the true state of connectivity in your area.
- This information determines eligibility for federal connectivity granting programs.
- Currently, your area is showing as meeting service expectations; however, that is not what we heard from you.

Test your speed by January 31: ourtrust.org/speedtest

The Southeastern BC Regional Connectivity Committee was established in 2014 and includes Columbia Shuswap Regional District, Ktunaxa Nation Council, Regional District of Central Kootenay, Regional District of East Kootenay, Regional District of Kootenay Boundary and Village of Valemount.



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Dylan Kelly

Owner/Operator

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okwd@vip.net

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Cell 250-689-2494
okanagankootenaywelldrilling.com

Rock Creek to Grand Forks Bus Health Connections

Tuesdays only

Call to book these trips 1-855-993-3100

Fares \$1.75 each way

*For each additional pick up and drop off within Grand Forks \$1.50

Main pick up location: Petro Canada Rock Creek

Rock Creek	8:30
Midway	8:50
Greenwood	9:10
Grand Forks	10:00
Grand Forks	1:00
Greenwood	1:35
Midway	1:55
Rock Creek	2:23

When parents start to crack during lockdown

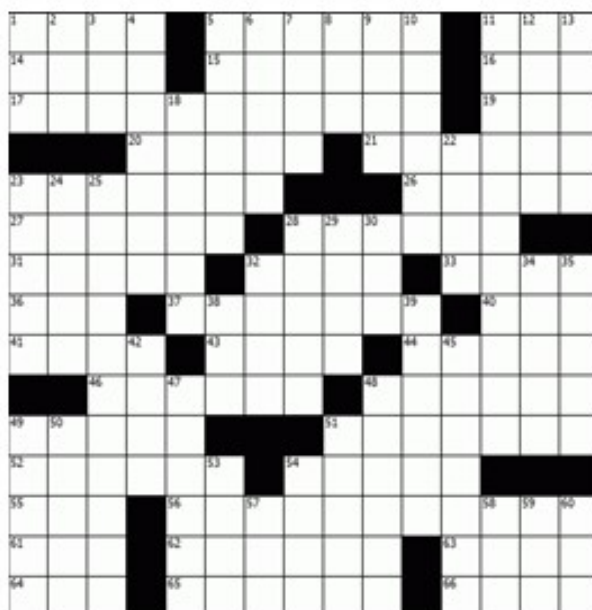


"Mum, am I adopted?"

"Not yet no, I only put the Ad out yesterday."

Across

1. Sharp taste
 5. California volcanic peak
 11. Kind of temper or treatment
 14. Controversial apple spray
 15. Dowager
 16. Place for a pit stop in London?
 17. Iterative
 19. Fleur-de-
 20. Choral work
 21. Professor's protection
 23. Bawled out
 26. Light in a light show, perhaps
 27. High-society hors d'oeuvre
 28. Expeditious
 31. "___ we all?"
 32. Supplication
 33. Times of note
 36. Links standard
 37. They probably think this song is about them
 40. Tax-deferred nest egg
 41. Abbr. at the end of a list, perhaps
 43. Football strategy
 44. Not easy to get close to
 46. Official witness, of a kind
 48. Sentence fragment
 49. Guts
 51. Water flowers
 52. Comes to mind
 54. Homo erectus, for one
 55. Classic car
 56. Hardworking
 61. Subject of this puzzle's theme
 62. Seattle landmark
 63. He sang with Crosby
 64. CIA forerunner
 65. Physiological property
 66. Type of matter



Down

1. Creosote source
 2. Andy Capp beverage
 3. Preschooler's dread, sometimes
 4. Troublemaker of folklore
 5. Hard hitter, biblically
 6. Detested
 7. "Look ___ this way ..."
 8. Sign for a sellout
 9. Racetrack tipster
 10. Saint and a founder of scholasticism
 11. Renowned
 12. France's longest river
 13. Short straw drawer, e.g.
 18. So far
 22. Scruff of the neck
 23. Land's end?
 24. Jeweler's 200 milligrams
 25. Excessively distressed
 28. Either of two noted Roman authors
 29. Part of R&R
 30. Nibble for a nag
 32. Serve the tea
 34. "___ by any other name ..."
 35. Some are cracked
 38. 3.50, e.g.
 39. Cracker factory employee or winter road worker, perhaps
 42. Hi's mate
 45. Exalting
 47. Preparing to kick or drive
 48. Chopper
 49. "Super" one of Nintendo games
 50. Black and white cookies
 51. Glove thread, perhaps
 53. Olden dagger
 54. Melville's Billy
 57. Place for thieves?
 58. Row with the flow
 59. It's in the center of Jerusalem?
 60. Skittish

SUDOKU

		1				9	4	
4		7	8	3		2	1	
9		6	5			8		3
8			6					
				2		1	3	
					3	5		
5	7				2	4	8	
1	6			9			5	
			4	1				7

Rock Creek Medical Clinic Services (MASK ARE MANDATORY) 250-446-2272

Nurse Practitioner, Celia Evanson Tuesday – Friday 8 am – 4 pm

Nurse Practitioner, Niki Hogan Tuesday – Friday 8 am – 4 pm

Internal Medicine, Dr. C. Simpson Wednesday 8 am – 4 pm

Social Worker Erin Carlin, Thursday & Friday 9 am – 4 pm

Chiropractor Tamara Karnelsen, Tuesday 250-449-1364 3:30 pm

Massage Therapy, Stacy Elliott

Day Care Country Kids Play School

DID YOU KNOW

“In 1939, all school age children are eligible to enter the **gopher Competition**. Three cents for each tail produced to the secretary At the Riverside Hall on the last Saturday of each month.”

Sudoku Puzzle 1 Solution

3	8	1	2	7	6	9	4	5
4	5	7	8	3	9	2	1	6
9	2	6	5	4	1	8	7	3
8	1	3	6	5	4	7	2	9
6	4	5	9	2	7	1	3	8
7	9	2	1	8	3	5	6	4
5	7	9	3	6	2	4	8	1
1	6	4	7	9	8	3	5	2
2	3	8	4	1	5	6	9	7

T	A	N	G		S	H	A	S	T	A		I	L	L	
A	L	A	R		M	A	T	R	O	N		L	O	O	
R	E	P	E	T	I	T	I	O	U	S		L	I	S	
				M	O	T	E	T		T	E	N	U	R	E
S	C	O	L	D	E	D					L	A	S	E	R
C	A	V	I	A	R		P	R	O	M	P	T			
A	R	E	N	T		P	L	E	A		E	R	A	S	
P	A	R		E	G	O	I	S	T	S		I	R	A	
E	T	A	L		P	U	N	T		A	L	O	O	F	
			N	O	T	A	R	Y		C	L	A	U	S	E
M	O	X	I	E					L	O	T	U	S	E	S
A	R	I	S	E	S		B	I	P	E	D				
R	E	O			I	N	D	U	S	T	R	I	O	U	S
I	O	U			N	E	E	D	L	E		N	A	S	H
O	S	S			G	E	N	D	E	R		G	R	A	Y